# Jo Marsh Coaching

# From tangled to thriving

## Coaching for New Leaders & ECTS

*Bespoke support for the people stepping into your team.*

## Who is it for?

Team members:

- stepping into leadership for the first time
- beginning a new leadership role
- starting out in teaching

These are all exciting times but can leave even capable people feeling stretched, uncertain or quietly overwhelmed, long before it shows. In other words, tangled.

## How could coaching help?

- Building confidence and self-belief in a new role
- Understanding strengths and working style
- Approaching change with confidence and clarity
- Increasing resilience and overall wellbeing
- Providing a more authentic and sustainable sense of success

## About Jo

Over twenty-five years in education, as a teacher, headteacher, governor and adviser, taught Jo what helps people grow, and what quietly holds them back. Her experiences of feeling tangled, alongside lived understanding of neurodivergence, is at the heart of how she coaches so that clients can navigate change and move forward with confidence and purpose.

## Let's Start the conversation

Jo offers coaching for leaders and ECTs, whether that's one person or a whole cohort. as well as group workshops for teams.
Get in touch to chat about how we can work together.

Email: jomarshcoaching@gmail.com